

COURSE OUTLINE

(1) GENERAL

SCHOOL	Social Sciences		
ACADEMIC UNIT	Sociology		
LEVEL OF STUDIES	Undergraduate		
COURSE CODE	905	SEMESTER	
COURSE TITLE	Work and Crisis		
INDEPENDENT TEACHING ACTIVITIES	WEEKLY TEACHING HOURS		CREDITS
<i>if credits are awarded for separate components of the course, e.g. lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits</i>	3		6
<i>Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).</i>			
COURSE TYPE <i>general background, special background, specialised general knowledge, skills development</i>	Compulsory Elective (Seminar courses)		
PREREQUISITE COURSES:	-		
LANGUAGE OF INSTRUCTION and EXAMINATIONS:	Greek		
IS THE COURSE OFFERED TO ERASMUS STUDENTS	No		
COURSE WEBSITE (URL)	https://soc.aegean.gr/en/info/course/ergasia-kai-krisi/		

(2) LEARNING OUTCOMES

Learning outcomes <i>The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.</i> <i>Consult Appendix A</i> • <i>Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area</i> • <i>Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B</i> • <i>Guidelines for writing Learning Outcomes</i>
Upon completion of the course, students are expected to be able to: a) Conceptualise change (in general) and crisis (in particular) as central analytical categories for the study of social phenomena, and to employ them in the in-depth examination of social behaviour of social actors. b) Attune their analysis to the significance of historical temporality, with particular attention to the ways in which individuals actively construct and negotiate the “content” of their social existence under conditions of crisis. c) Account sociologically for the changes that emerge in periods of crisis with respect to social bonds, as well as the shifting roles and functions of social institutions in relation to work.

d) Develop a comparative analytical framework capable of distinguishing between “before” and “after” configurations of crisis, and critically interrogate how changes in the organisation of production and labour reverberate through social life, shaping practices of coping, resistance, and survival, as well as individual choices and future-oriented aspirations.

e) Critically engage with the social processes through which everyday life is reconfigured, alongside the diverse meanings, interpretations, and representations of crisis produced and circulated by social actors.

General Competences

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

<i>Search for, analysis and synthesis of data and information, with the use of the necessary technology</i>	<i>Project planning and management</i>
<i>Adapting to new situations</i>	<i>Respect for difference and multiculturalism</i>
<i>Decision-making</i>	<i>Respect for the natural environment</i>
<i>Working independently</i>	<i>Showing social, professional and ethical responsibility and sensitivity to gender issues</i>
<i>Team work</i>	<i>Criticism and self-criticism</i>
<i>Working in an international environment</i>	<i>Production of free, creative and inductive thinking</i>
<i>Working in an interdisciplinary environment</i>	<i>.....</i>
<i>Production of new research ideas</i>	<i>Others...</i>
	<i>.....</i>

The course is structured into **four** main thematic units:

The **first unit** addresses essential conceptual clarifications concerning change and crisis, alongside epistemological delimitations between different subfields of Critical Sociology in their analysis of social change/transformation, crisis, and work.

The **second unit** examines classical sociological theories of change and crisis (Weber, Marx, Durkheim, Veblen, Sombart, Simmel, Schumpeter, Polanyi), as well as selected contemporary theoretical approaches.

The **third unit** focuses on methodological issues, with particular emphasis on historical, comparative, and analytical approaches to the social construction and meaning-making of work in contexts of change and crisis.

The **fourth unit** presents recent empirical research from both international and Greek contexts, through which students are encouraged to understand how transformations/changes in work under conditions of crisis shape social bonds, individuals’ relationships with social institutions, shifts within hierarchical systems of roles and positions, and the emergence of new lines of differentiation and social categorisation, among other processes.

(3) SYLLABUS

Working independently
Team work
Working in an international environment
Working in an interdisciplinary environment
Production of new research ideas
Production of free, creative and inductive thinking

(4) TEACHING and LEARNING METHODS - EVALUATION

DELIVERY <i>Face-to-face, Distance learning, etc.</i>	Face-to-face teaching
USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY	Use of Information and Communication Technologies (ICT) in teaching and in communication with students.

<i>Use of ICT in teaching, laboratory education, communication with students</i>	Use of PowerPoint presentations and the e-class asynchronous learning platform.
TEACHING METHODS <i>The manner and methods of teaching are described in detail. Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc.</i> <i>The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS</i>	Lectures: 3 hours × 13 weeks = 39 hours of teaching. Independent study hours: 39 × 2 = 78 hours. Individual workload: 39 + 78 = 117 hours, corresponding to 4.25 ECTS. Literature review and analysis: 31.25 hours per student, corresponding to 1.25 ECTS. Examinations: 3 hours. Total course workload: 117 + 31.25 + 3 = 151.25 hours, corresponding to 5.5 ECTS.
STUDENT PERFORMANCE EVALUATION <i>Description of the evaluation procedure</i> <i>Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other</i> <i>Specifically-defined evaluation criteria are given, and if and where they are accessible to students.</i>	Written examination in the Greek language with an optional written assignment submission.

(5) ATTACHED BIBLIOGRAPHY

- Suggested bibliography:

a) Basic Textbooks:

Mouchtouris, A. (2026). *Time and the social individual: A sociological and philosophical approach to temporality* (I. Papaioannou, Trans.). Athens: Papazisis.

Psimmenos, I. (Ed.) (2025). *Work and crisis* (I. Bimbli, Trans.). Athens: Papazisis.

b) Additional References:

Dedoussopoulos, A. (2000). *The crisis in the labour market: Regulation – flexibility – deregulation. Volume I: Theories of unemployment*. Athens: Typothito.

Galata, P.-V. (2024). *Labour inequalities and relative deprivation*. Athens: Papazisis. Kouras, G. (2022). *Intra-occupational transformations in times of crisis: The case of construction workers in Greece (2020–2023)*. Athens: Papazisis.

Lytras, A. (2019). *Greek society in the 21st century: Essays on crisis and employment* (Vol. 1). Athens: Panteion University of Social and Political Sciences.

Psimmenos, I. (Ed.). (2013). *Work and social inequalities: Personal services and domestic labour force*. Athens: Alexandria.

Psimmenos, I., & Skamnakis, C. (2008). *Migrant women's domestic labour and social protection: The case of women from Albania and Ukraine*. Athens: Papazisis.

Watson, T. J. (2005). *Sociology, work and industry* (I. Psimmenos, Ed. & Preface). Athens: Alexandria.

--